Maryland Department of Health and Mental Hygiene

201 W. Preston Street • Baltimore, Maryland 21201

Martin O'Malley, Governor - Anthony G. Brown, Lt. Governor - Joshua M. Sharfstein, M.D., Secretary

December 12, 2014

Public Health Preparedness and Situational Awareness Report: # 2014:49 Reporting for the week ending 12/06/14 (MMWR Week #49)

CURRENT HOMELAND SECURITY THREAT LEVELS

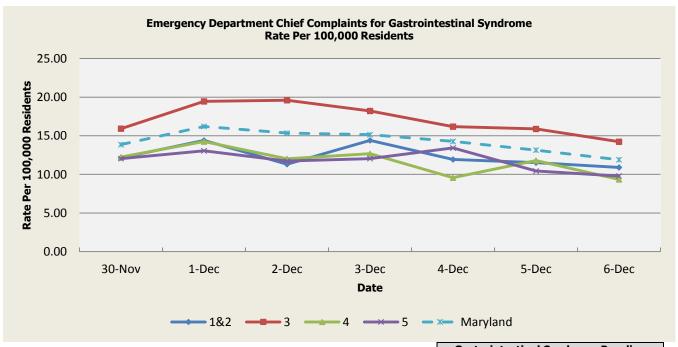
National: No Active Alerts

Maryland: Level Four (MEMA status)

SYNDROMIC SURVEILLANCE REPORTS

ESSENCE (Electronic Surveillance System for the Early Notification of Community-based Epidemics):

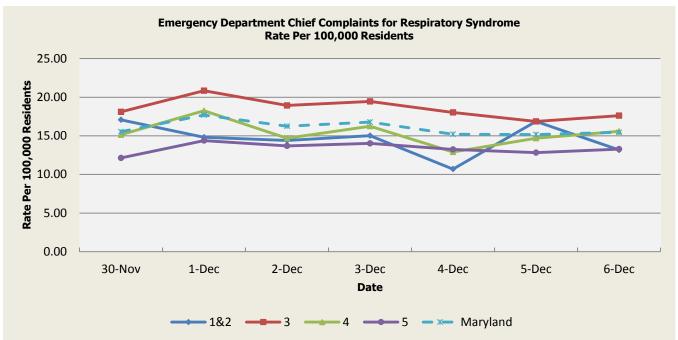
Graphical representation is provided for all syndromes (excluding the "Other" category; see Appendix 1) by Health and Medical Regions (See Appendix 2). Emergency department chief complaint data is presented as rates per 100,000 residents using data from the 2010 census.



There were 2 gastrointestinal illness outbreaks reported this week: 2 outbreaks of gastroenteritis in nursing homes (Regions 3, 4).

	Gastrointestinal Syndrome Baseline Data January 1, 2010 - Present						
Health Region	1&2	Maryland					
Mean Rate*	13.17 14.23 15.33 10.37 1						
Median Rate*	13.17	14.16	14.69	10.30	12.71		

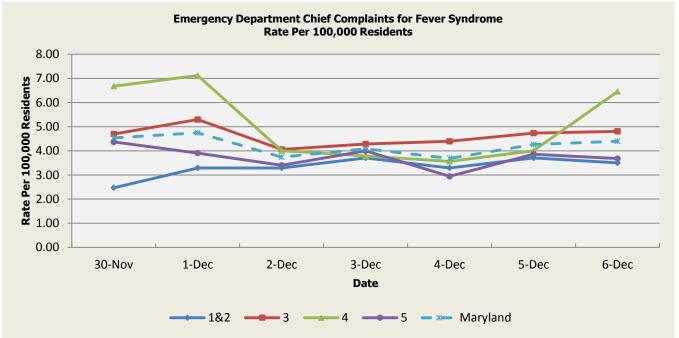
* Per 100,000 Residents



There were 7 respiratory illness outbreaks reported this week: 1 outbreak of influenza/pneumonia in a nursing home (Region 3), 3 outbreaks of ILI in nursing homes (Regions 3, 4), 1 outbreak of ILI in an assisted living facility (Region 4), 1 outbreak of pneumonia in a nursing home (Regions 1&2), and 1 outbreak of pertussis associated with a school (Region 3).

	Respiratory Syndrome Baseline Data January 1, 2010 - Present							
Health Region	1&2	3	4	5	Maryland			
Mean Rate*	12.08	13.24	13.69	9.76	11.87			
Median Rate*	11.73	12.96	13.13	9.51	11.64			

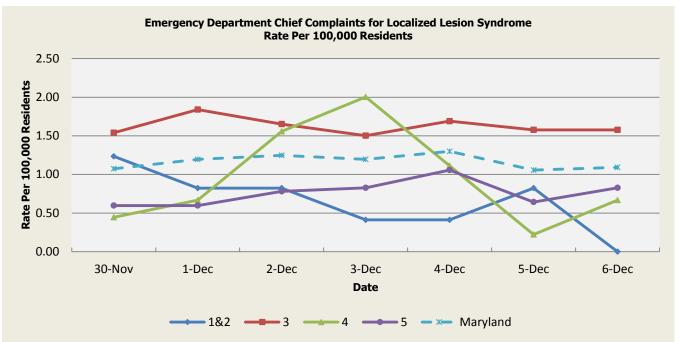
* Per 100,000 Residents



There were no fever outbreaks reported this week.

	Fever Syndrome Baseline Data January 1, 2010 - Present								
Health Region	1&2 3 4 5 Maryland								
Mean Rate*	3.22 3.60 3.86 3.12 3.41								
Median Rate*	3.09								

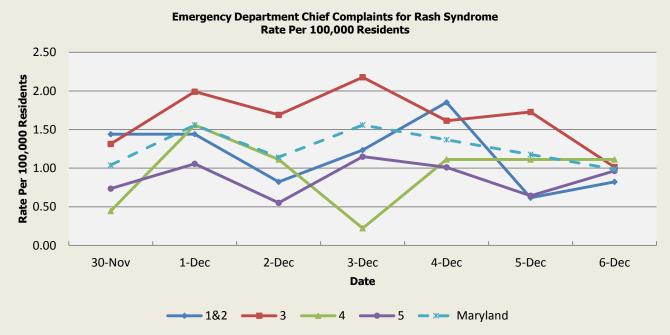
Per 100,000 Residents



There were no localized lesion outbreaks reported this week.

	Localized Lesion Syndrome Baseline Data January 1, 2010 - Present								
Health Region	1&2 3 4 5 Maryland								
Mean Rate*	1.17 1.98 2.07 1.05 1.57								
Median Rate*	1.03	110 110 110							

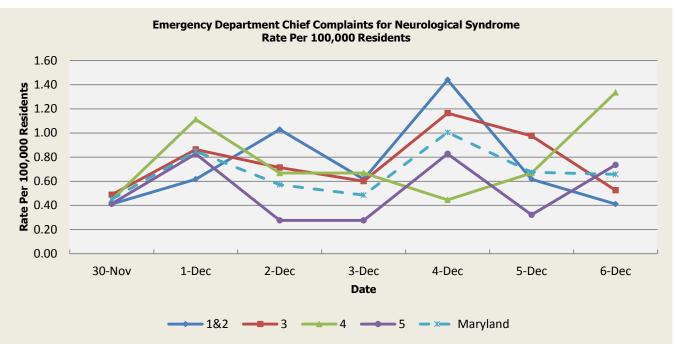
^{*} Per 100,000 Residents



There was 1 rash outbreak reported this week: 1 outbreak of scabies in a nursing home (Region 5).

	Rash Syndrome Baseline Data January 1, 2010 - Present							
Health Region	1&2 3 4 5 Maryla							
Mean Rate*	1.41	1.75	1.78	1.09	1.47			
Median Rate*	1.23 1.69 1.78 1.06 1.42							

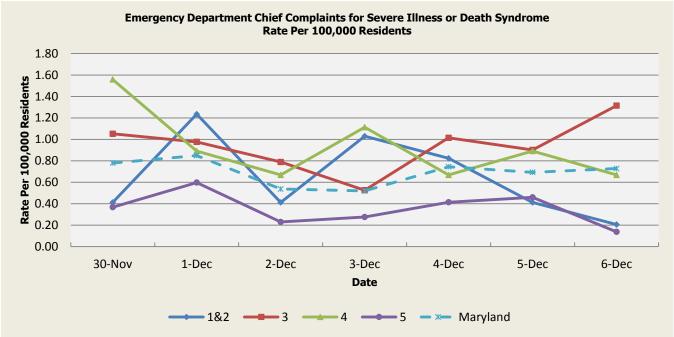
* Per 100,000 Residents



There were no neurological outbreaks reported this week.

	Neurological Syndrome Baseline Data January 1, 2010 - Present						
Health Region	1&2 3 4 5 Maryland						
Mean Rate*	0.61 0.62 0.59 0.42 0.54						
Median Rate*	0.62	0.60	0.45	0.41	0.54		

* Per 100,000 Residents

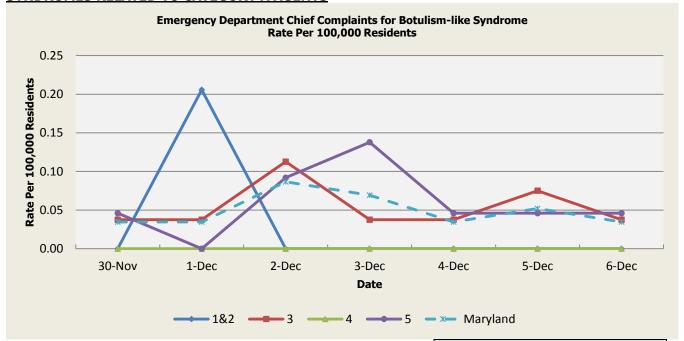


There were no severe illness or death outbreaks reported this week.

	Severe Illness or Death Syndrome Baseline Data January 1, 2010 - Present							
Health Region	1&2 3 4 5 Mary							
Mean Rate*	0.80	0.95	0.89	0.42	0.73			
Median Rate*	0.82 0.94 0.89 0.41 0.73							

* Per 100,000 Residents

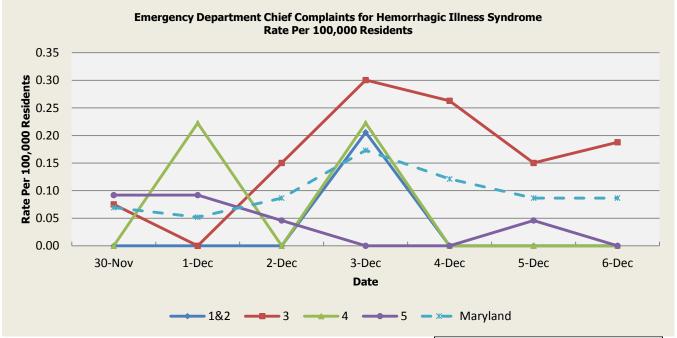
SYNDROMES RELATED TO CATEGORY A AGENTS



There was an appreciable increase above baseline in the rate of ED visits for Botulism-like Syndrome on 12/1 (Regions 1&2) and 12/3 (Region 5). These increases are not known to be associated with any outbreaks.

	Botulism-like Syndrome Baseline Data January 1, 2010 - Present						
Health Region	1&2	3	4	5	Maryland		
Mean Rate*	0.06	0.04	0.04	0.03	0.04		
Median Rate*	0.00	0.04	0.00	0.00	0.03		

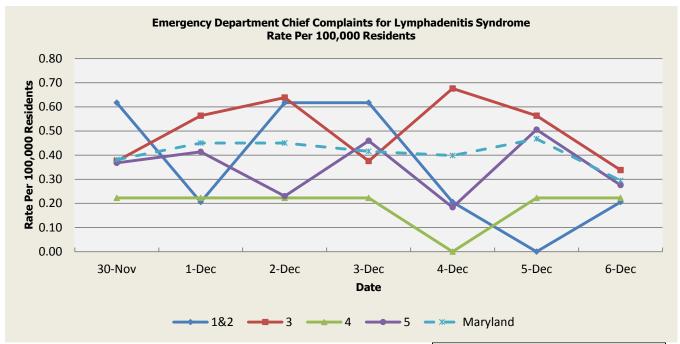
^{*} Per 100,000 Residents



There was an appreciable increase above baseline in the rate of ED visits for Hemorrhagic Illness Syndrome on 12/1 (Region 4), 12/3 (Regions 1&2, 3, 4), and 12/4 (Region 3). These increases are not known to be associated with any outbreaks.

	Hemorrhagic Illness Syndrome Baseline Data January 1, 2010 - Present							
Health Region	1&2 3 4 5 Maryland							
Mean Rate*	0.03 0.04 0.03 0.03 0.03							
Median Rate*	0.00	0.04	0.00	0.00	0.03			

* Per 100,000 Residents



There was not an appreciable increase above baseline in the rate of ED visits for Lymphadenitis Syndrome this week.

		Lymphadenitis Syndrome Baseline Data January 1, 2010 - Present							
Hea	alth Region	1&2	3	4	5	Maryland			
Me	ean Rate*	0.33	0.34	0.35	0.24	0.30			
Me	dian Rate*	0.21	0.30	0.22	0.23	0.29			

* Per 100,000 Residents

MARYLAND REPORTABLE DISEASE SURVEILLANCE

	Counts of Reported Cases‡						
Condition		December		Cumulat	ive (Year to	Date)**	
Vaccine-Preventable Diseases	2014	Mean*	Median*	2014	Mean*	Median*	
Aseptic meningitis	3	36.4	37	379	475	480	
Meningococcal disease	0	0.6	0	6	8.4	9	
Measles	0	0	0	0	1.6	1	
Mumps	0	0.8	1	1	22.8	9	
Rubella	0	0	0	1	1	0	
Pertussis	1	15.6	14	151	196	141	
Foodborne Diseases	2014	Mean*	Median*	2014	Mean*	Median*	
Salmonellosis	5	50.4	49	724	923.8	937	
Shigellosis	3	6.4	5	194	182.4	132	
Campylobacteriosis	0	38.8	38	548	580.4	597	
Shiga toxin-producing Escherichia coli (STEC)	0	5.4	6	75	69.6	69	
Listeriosis	0	0.6	0	11	15.8	16	
Arboviral Diseases	2014	Mean*	Median*	2014	Mean*	Median*	
West Nile Fever	0	0	0	2	6.8	6	
Lyme Disease	0	37.4	37	686	1355	1328	
Emerging Infectious Diseases	2014	Mean*	Median*	2014	Mean*	Median*	
Chikungunya	1	0	0	47	0.2	0	
Dengue Fever	0	0.4	0	9	8.2	9	
Other	2014	Mean*	Median*	2014	Mean*	Median*	
Legionellosis	0	9.4	9	120	140.2	142	

[‡] Counts are subject to change

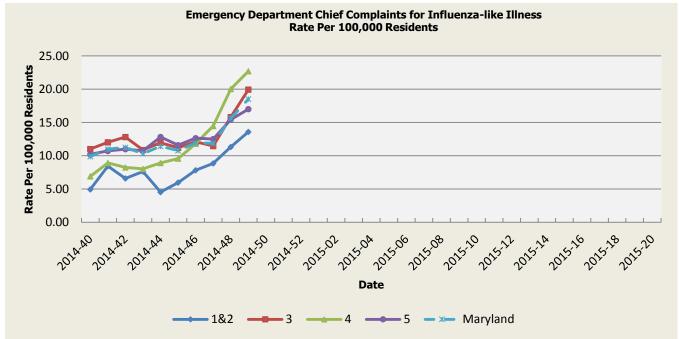
^{*}Timeframe of 2009-2013

^{**}Includes January through December

SYNDROMIC INFLUENZA SURVEILLANCE

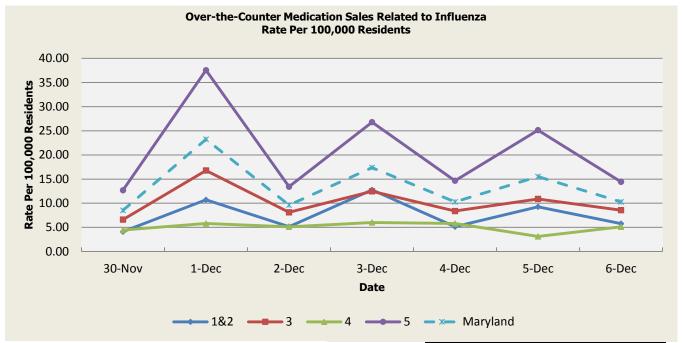
Seasonal Influenza reporting occurs from MMWR Week 40 through MMWR Week 22 (October through May).

Seasonal influenza activity for Week 49 was: Widespread Activity with Low Intensity.



	Influenza-like Illness Baseline Data Week 1 2010 - Present							
Health Region	1&2 3 4 5 Maryla							
Mean Rate*	9.37 9.75 10.40 9.29 9.59							
Median Rate*	7.82	8.07	8.46	7.35	7.90			

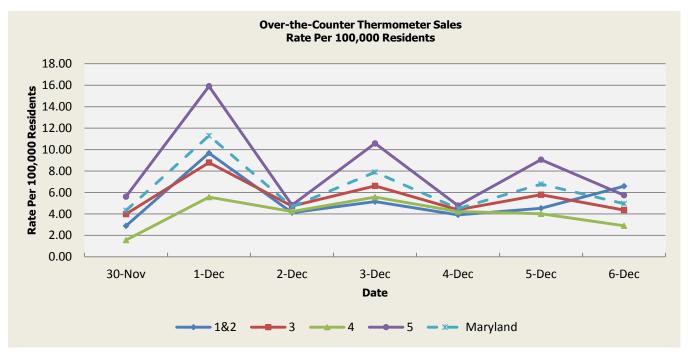
* Per 100,000 Residents



There was an appreciable increase above baseline in the rate of OTC flu medication sales on 12/1 (Regions 1&2, 3, 5), 12/3 (Regions 1&2, 3, 5), and 12/5 (Region 5).

	OTC Sales Baseline Data January 1, 2010 - Present				
Health Region	1&2	3	4	5	Maryland
Mean Rate*	5.17	5.89	2.86	14.00	8.65
Median Rate*	4.12	4.88	2.45	11.67	7.12

* Per 100,000 Residents



There was an appreciable increase above baseline in the rate of OTC thermometer sales on 12/1 (Region 5).

	Thermometer Sales Baseline Data January 1, 2010 - Present				
Health Region	1&2	3	4	5	Maryland
Mean Rate*	5.76	4.87	3.42	8.35	6.14
Median Rate*	5.14	4.51	3.12	7.72	5.72

* Per 100,000 Residents

PANDEMIC INFLUENZA UPDATE / AVIAN INFLUENZA-RELATED REPORTS

WHO update: The current WHO phase of pandemic alert for avian influenza is ALERT. Currently, the avian influenza H5N1 virus continues to circulate in poultry in some countries, especially in Asia and northeast Africa. This virus continues to cause sporadic human infections with some instances of limited human-to-human transmission among very close contacts. There has been no sustained human-to-human or community-level transmission identified thus far.

Influenza A (H7N9) is one of a subgroup of influenza viruses that normally circulate among birds. Until recently, this virus had not been seen in people. However, human infections have now been detected. As yet, there is limited information about the scope of the disease the virus causes and about the source of exposure. The disease is of concern because most patients have been severely ill. There is no indication thus far that it can be transmitted between people, but both animal-to-human and human-to-human routes of transmission are being actively investigated.

Alert phase: This is the phase when influenza caused by a new subtype has been identified in humans. Increased vigilance and careful risk assessment, at local, national and global levels, are characteristic of this phase. If the risk assessments indicate that the new virus is not developing into a pandemic strain, a deescalation of activities towards those in the interpandemic phase may occur. As of October 2, 2014, the WHO-confirmed global total (2003-2014) of human cases of H5N1 avian influenza virus infection stands at 688, of which 393 have been fatal. Thus, the case fatality rate for human H5N1 is approximately 57%.

H5N1 (EGYPT): 06 Dec 2014 Egyptian health authorities have confirmed an additional human case of H5N1 avian influenza [AI] in a 2-year-old child from Sohag [Suhaj] governorate, according to a Forbes report. Read more: http://www.promedmail.org/direct.php?id=20141207.3017616

NATIONAL DISEASE REPORTS

TULAREMIA (COLORADO): 03 Dec 2014Colorado has seen 15 human cases of tularemia reported in 2014, 5 times the annual average for the state. Read more: http://www.promedmail.org/direct.php?id=20141206.3014671

INTERNATIONAL DISEASE REPORTS

EBOLA (MULTI-COUNTRY): 05 Dec 2014 WHO Ebola Response Roadmap Situation Report. Read more: http://www.promedmail.org/direct.php?id=20141207.3017499 (click through to apps.who.int link)

OTHER RESOURCES AND ARTICLES OF INTEREST

More information concerning Public Health and Emergency Preparedness can be found at the Office of Preparedness and Response website: http://preparedness.dhmh.maryland.gov/ or follow us on Facebook at www.facebook.com/MarylandOPR.

More data and information on influenza can be found on the DHMH website: http://phpa.dhmh.maryland.gov/influenza/fluwatch/SitePages/Home.aspx

Please participate in the Maryland Resident Influenza Tracking System (MRITS): http://flusurvey.dhmh.md.gov/

NOTE: This weekly review is a compilation of data from various surveillance systems, interpreted with a focus on a potential BT event. It is not meant to be inclusive of all epidemiology data available, nor is it meant to imply that every activity reported is a definitive BT event. International reports of outbreaks due to organisms on the CDC Critical Biological Agent list will also be reported. While not "secure", please handle this information in a professional manner. Please feel free to distribute within your organization, as you feel appropriate, to other professional staff involved in emergency preparedness and infection control.

For questions about the content of this review or if you have received this and do not wish to receive these weekly notices, please e-mail us. If you have information that is pertinent to this notification process, please send it to us to be included in the routine report.

Zachary Faigen, MSPH, REHS Biosurveillance Epidemiologist Office of Preparedness and Response Maryland Department of Health & Mental Hygiene 300 W. Preston Street, Suite 202 Baltimore, MD 21201

Office: 410-767-6745 Fax: 410-333-5000

Email: Zachary.Faigen@maryland.gov

Anikah H. Salim, MPH, CPH Biosurveillance Epidemiologist Office of Preparedness and Response Maryland Department of Health & Mental Hygiene 300 W. Preston Street, Suite 202 Baltimore, MD 21201

Office: 410-767-2074 Fax: 410-333-5000

Email: Anikah.Salim@maryland.gov

Elizabeth Humes, MPH
Biosurveillance Epidemiologist
Office of Preparedness and Response
Maryland Department of Health & Mental Hygiene
300 W. Preston Street, Suite 202
Baltimore, MD 21201

Office: 410-767-5668 Fax: 410-333-5000

Email: elizabeth.humes@maryland.gov

Appendix 1: ESSENCE Syndrome Definitions and Associated Category A Conditions

Syndrome	ESSENCE Definition	Category A Conditions
Botulism-like	(Botulism or (DifficultyFocusing and DifficultySpeaking) or (DifficultySpeaking and DifficultySwallowing) or (DifficultySwallowing and DifficultyFocusing) or DoubleVision or FacialParalysis or GuillainBarre or Ptosis) and not GeneralExclusions	Botulism
Fever	(Chills or (FeverPlus and (Drowsiness or Seizure)) or FeverOnly or SepsisGroup or ViralSyndrome) and not GeneralExclusions	N/A
Gastrointestinal	(AbdominalCramps or AbdominalPainGroup or Diarrhea or FoodPoisoning or Gastroenteritis or GIBleeding or Peritonitis or Vomiting) and not (GeneralExclusions or Gynecological or Obstetric or Reproductive or UrinaryTract)	Anthrax (gastrointestinal)
Hemorrhagic Illness	(FeverOrChills and (AcuteBloodAbnormalitiesGroup or BleedingFromMouth or BleedingGums or GIBleeding or Hematemesis or Hemoptysis or Nosebleed or Petechiae or Purpura)) and not GeneralExclusions	Viral Hemorrhagic Fever
Localized Lesion	(Boils or Bump or Carbuncle or DepressedUlcer or Eschar or Furuncle or InsectBite or SkinAbscess or (SkinSores and not AllOverBody) or SkinUlcer or SpiderBite) and not (GeneralExclusions or Decubitus or Diabetes or StasisUlcer)	Anthrax (cutaneous) Tularemia
Lymphadenitis	(BloodPoisoning or Bubo or CatScratchDisease or SwollenGlands) and not GeneralExclusions	Plague (bubonic)
Neurological	(([Age<75] and AlteredMentalStatus) or (FeverPlus and (Confusion or Drowsiness or Petechiae or StiffNeck)) or Delirium or Encephalitis or Meningitis or UnconsciousGroup) and not GeneralExclusions	N/A
Rash	(ChickenPox or Measles or RashGeneral or Roseola or (Rubella and not Pregnancy) or Shingles or (SkinSores and AllOverBody) or Smallpox) and not GeneralExclusions	Smallpox
Respiratory	(Anthrax or Bronchitis or (ChestPain and [Age<50]) or Cough or Croup or DifficultyBreathing or Hemothorax or Hypoxia or Influenza or Legionnaires or LowerRespiratoryInfection or Pleurisy or Pneumonia or RespiratoryDistress or RespiratoryFailure or RespiratorySyncytialVirus or RibPain or ShortnessOfBreath or Wheezing) and not (GeneralExclusions or Cardiac or (ChestPain and Musculoskeletal) or Hyperventilation or Pneumothorax)	Anthrax (inhalational) Tularemia Plague (pneumonic)
Severe Illness or Death	CardiacArrest or CodeGroup or DeathGroup or (Hypotension and FeverPlus) or RespiratoryArrest or SepsisGroup or Shock	N/A

Appendix 2: Maryland Health and Medical Region Definitions

Health and Medical Region	Counties Reporting to ESSENCE		
	Allegany County		
Pagions 1 & 2	Frederick County		
Regions 1 & 2	Garrett County		
	Washington County		
	Anne Arundel County		
	Baltimore City		
Pagion 3	Baltimore County		
Region 3	Carroll County		
	Harford County		
	Howard County		
	Caroline County		
	Cecil County		
	Dorchester County		
	Kent County		
Region 4	Queen Anne's County		
	Somerset County		
	Talbot County		
	Wicomico County		
	Worcester County		
	Calvert County		
	Charles County		
Region 5	Montgomery County		
	Prince George's County		
	St. Mary's County		

